# AnnualReport Center for Disability Rights, Inc.



2015

2014

497 State Street Rochester • NY 14608

(585) 546-7510



## PAGE Reflections 02 from President & CEO



Dear friends,

2015 marks a major milestone for the Disability Rights Movement, with the celebration of the 25th Anniversary of the Americans with Disabilities Act (ADA). Events and celebrations were taking place all across the country throughout the year. During the months of June and July, CDR hosted a series of eleven ADA events free of charge and open to the community to help bring awareness of the ADA for the disability community and to truly celebrate such a momentous anniversary!

We completed our celebration with CDR's annual Gala fundraiser where we recognized several influential individuals in the Rochester community and across New York State that have positively impacted the work we do towards full integration, independence, and civil rights for people with disabilities. The celebrations were a lot of fun for all in attendance, however we did not just spend the year celebrating the work that has been done. In true CDR fashion, our Advocacy team was hard at work drafting new legislation to further the work of the ADA and finally make community living an absolute right for people with disabilities; the Disability Integration Act.

CDR and several advocates in the Disability Rights Movement worked closely with Senator Schumer to create this new legislation, that builds on the 25 years of work that ADAPT has done to end the institutional bias and provide seniors and people with disabilities home and community-based services (HCBS) as an alternative to institutionalization.

On December 18, 2015, Senator Schumer introduced the Disability Integration Act into the Senate. This legislation addresses the fundamental issue that people who need Long Term Services and Supports (LTSS) are forced into institutions and are losing their basic civil rights. This legislation establishes new federal law that requires states and insurance providers that pay for LTSS to change their policies, provide community-based services first, and offer HCBS to people currently in institutions.

Of course, a lot of advocacy was behind this initial victory, but our work is far from over! CDR advocates alongside hundreds of advocates across the country have been working diligently to get other members of congress to support this bill. The Disability Integration Act will make real and meaningful changes that support the right of people with disabilities to live in freedom - like every other American! We will not stop until this legislation is passed.

Sincerely,

Bruce E. Darling President & CEO



### **Driving the Disability Rights Agenda**

At the Center for Disability Rights many employees and board members are actively involved with organizations whose efforts complement our mission. By connecting with local, state-wide, and national organizations, our fight for civil rights expands further and grows stronger. It is CDR's goal to continue to build relationships and increase our involvement and outreach efforts.

- $\Rightarrow$  ADAPT Rochester
- $\Rightarrow$  Board of the 1872 Café
- $\Rightarrow$  Coalition for Community Integration
- $\Rightarrow$  Coalition to Implement Olmstead in NYS
- $\Rightarrow$  Concrete Change
- ⇒ Consumer Directed Personal Assistance of New York
- ⇒ Empire State Housing Alliance
- $\Rightarrow$  Gay Alliance of the Genesee Valley
- ⇒ Greater Rochester Area Partnership for the Elderly
- ⇒ Help America Vote Act Task Force
- ⇒ Medicaid Infrastructure Grant
- ⇒ Medicaid Matters New York
- ⇒ Medicaid Redesign Team
- ⇒ Mental Health Coalition
- ⇒ Metro Justice
- ⇒ Monroe County Library System

- $\Rightarrow$  Most Integrated Setting Coordinating Council
- $\Rightarrow$  National ADAPT
- $\Rightarrow$  National Council on Independent Living
- ⇒ National Disability Leadership Alliance
- $\Rightarrow$  National Human Resources Association
- $\Rightarrow$  National Spinal Cord Injury Association
- $\Rightarrow$  New York Association on Independent Living
- $\Rightarrow$  New York Connects
- ⇒ New York State Coalition for Community-based Services
- ⇒ New York State Discharge Planners Workgroup
- ⇒ New York State Health Care Providers Association, Finger Lakes Chapter
- ⇒ New York State Independent Living Council
- ⇒ New York State Supplemental Security Income Coalition
- $\Rightarrow$  Not Dead Yet
- $\Rightarrow$  Regional Center for Independent Living
- ⇒ Society of Human Resources Management

CDR is a disability-led, not-for-profit Corporation. We provide services to people with disabilities and seniors within the framework of an Independent Living Model, which promotes independence of people with all types of disabilities, enabling choice in living setting, full access to the community, and control of their life.

CDR works for national, state and local systematic change to advance the rights of people with disabilities by supporting direct action, coalition building, community organizing, policy analysis, litigation, training for advocates, and community education. CDR advocates for full integration, independence, and civil rights of people with disabilities.



# PAGE Board of DIRECTORS



#### Roberta Wallach, Board Chair

I am involved with CDR because they are always willing to do whatever it takes to assist individuals with disabilities with their vast array of services and support. In addition to their services, they also focus their efforts on strong advocacy work with the ADAPT community, a grassroots organization fighting for disability rights. The persistent work of CDR and ADAPT are important and heartfelt. How can you not support their efforts!

#### Debbie Bonomo, Co-Vice Chair

Back when CDR was established there were so many issues with access to the community. I wanted to identify the needs of people with disabilities and make things happen in the community. I felt so strongly about the work we were doing and it drove me to become a founding member of CDR. I am happy to be serving on the board because I truly believe in what CDR does and stands for!





#### Michelle Fridley, Co-Vice Chair

At a time in my life when I had given up CDR came in and gave me hope. CDR services gave my mom her life back, gave me my daughter to raise independently, and gave me the freedom to live my life as I choose. CDR empowered me, and has helped me to become the strong, independent woman, mom and advocate I am today.

#### Murray Stahl, Treasurer

I am often asked by my friends "why are you involved with CDR?" It's much like that annoying question you get at an employment interview; the answer is complex, as there is no simple way to explain how lucky I feel to be able to support CDR. My working life is now behind me and I consider it an honor to be allowed to use the skills I've acquired to promote financial 'best-practices' as I work with an incredibly diverse and talented group of individuals and staff. I can't think of another position where I could aid a good cause while learning so much.





#### Joe Miller, Secretary

I serve on the Board of Directors and support CDR because I am not only helping in the fight for the rights of a vastly underserved segment of our population, I am also helping in the fight for the rights I will need someday.

#### Kathryn Cappella, Director

It is my privilege to serve on the board and to support CDR's vision and mission. CDR delivers consistent high quality services and supports in partnership with the people they serve. CDR actively promotes and fights for the civil rights of all people with disabilities, including the right to live independently in the community of their choice with the supports that they need. CDR staff is talented, experienced and dedicated leaders who are tireless in forging new opportunities to achieve the agencies mission.



# PAGE Board of DIRECTORS

#### Molly Clifford, Director

I support CDR and the Regional Center for Independent Living because they are strong advocates for civil rights! People with disabilities must have the same opportunities and choices in their lives as everyone else, and CDR and RCIL help make that happen.



I'm proud to be a Board Member because everyday I see CDR providing the critical leadership that the disability rights movement needs at the local, state and nation levels. CDR is a powerful community of advocates who are working tirelessly to advance our civil rights to live in our own homes, not nursing homes, and to ensure that people with disabilities enjoy full quality and inclusion in every aspect of our society.

I support CDR because they enable people to live in the community and control their own lives. I enjoy living on my own and pursuing my hobbies with others.



CDR and the Regional Center for Independent Living are both recognized nationally for raising the bar on the standards for quality of care for individuals with disabilities.

All people everywhere have, as the Declaration of Independence puts it, unalienable rights.' And as the Presidential Oath states, CDR 'Preserves, Protects and Defends' those rights. I am honored to serve CDR, an invaluable community resource.

#### Ray Kenney, Director

CDR looks at me as a person and not a medical problem. As a lifelong advocate it is a perfect fit for me to work, participate, and encourage others to become involved in CDR and the Regional Center for Independent Living.

CDR is the best organization that works for disability rights. I am involved because the work we are doing is important for the disability community, and they allow me self-advocate and fight for my own rights. I Joined the Board to support to make CDR even stronger and better. I enjoy helping support the organization.

#### Pat Taggart, Director













**Nicholas Jones** 

Director

# DAGE Systems Advocacy

Our Advocacy Team spent 2015 fighting for Disability Rights in the streets, the courts, legislators' offices, public meetings and hearings, and even on the internet! From helping to write the Disability Integration Act, a Federal bill that would give every disabled person an absolute right to live in the community, to getting the Community First Choice (CFC) Option approved for New York, to partnering with the City of Rochester on a campaign to clear snow off the sidewalks to ensure accessibility, our Advocacy Team and volunteer advocates have been busy making positive changes in our city, state, and country!

Our 2015 advocacy kicked off in December of 2014 when we submitted affidavits to a Federal Court detailing the harmful effects of the Department of Labor's (DOL) overtime rule changes. In January, the court ruled to stop implementation of the DOL rule. While that was a small victory for us, the fight did not end there. DOL appealed that decision, which meant our Team had to spend February and March writing an appellate brief outlining the detrimental impact of the Federal Government requiring overtime pay for attendants without also providing the funds to pay the attendants. Unfortunately, the Court of Appeals sided with the DOL, but again the fight did not end there. We spent December writing another brief to the Supreme Court of the United States explaining that requiring overtime pay without providing funds will result in attendant hours being capped and individuals losing quality attendant services that are depended on to live in the community. At the close of 2015, we're still waiting to find out if the Supreme Court will review the case.

While the DOL rule kept us busy advocating in the courtroom all year long, that did not stop us from all of our other advocacy priorities! On a statewide level, our Advocacy Team and volunteer activists travelled to Albany no less than seven times, advocating for many disability rights issues, including accessibility in the New York State building codes, eliminating the use of inaccessible voting machines in local elections, and implementing CFC in New York State. All of this travelling and hard work paid off; in April we learned that all of the accessibility features we advocated for were preserved in the New York State Building Code; in June we learned that New York State would no longer use inaccessible voting machine; and in October we learned that CFC has been approved for New York!

We also focused on advocacy in the Greater Rochester community. When the bus company announced that they were cutting over 300 bus stops, we got to work to ensure that bus stops critical to the disability community would not be eliminated. Our Transportation Action Group testified at public hearings, called the Rochester Genesee Regional Transportation Authority directly, and even brought this issue to the news in order to save bus stops that so many disabled individuals rely on.



Channel 10 filming a news story on the bus stop cuts

In addition to bus stops, we also worked hard to ensure that Rochester sidewalks are accessible all year round. Last winter there was so much snow

# DAGE Advocacy Cont.

built up on the sidewalks that people with disabilities could not get around the city or even leave their homes. Because of this, our Advocacy Team and local volunteer activists met with Mayor Lovely Warren and her team in March to discuss this issue and explain that access is a civil right. The Mayor promised to take this issue very seriously and she did! In August, the Mayor's "Snow Team" including the Commissioner of Environmental Services, the City's Director of Operations, and the City Engineer, met with CDR to discuss how we could improve sidewalk accessibility in the winter. From that day on, we worked together with the City to create a new City Ordinance that clarified that it is the property owner's responsibility to ensure the sidewalks are clear of snow. Despite much opposition from landlords in the city, the City Council passed the ordinance! We also joined the City's Snow Team in over 40 community meetings to discuss the importance of sidewalk snow removal. As a result, we saw a significant improvement in sidewalk accessibility after snowfalls. We're pleased to say that we'll be continuing this partnership with the City next winter as well!

While we've done a lot in the past year, one of our biggest accomplishments was helping to draft the Disability Integration Act. After months of phone calls and meetings with Disability Rights groups across the nation, and countless emails and calls with Senator Schumer's office, we finally finished drafting this incredible bill and Senator Schumer introduced it into the U.S. Senate in December of 2015! This bill creates an absolute right for all people with disabilities to live in the community! We could not think of a more fantastic way to close out 2015 than celebrating the introduction of this landmark piece of legislation.

This past year we truly increased our advocacy on all levels and have accomplished many important goals that have positively impacted the Disability Community. Advocacy takes on a lot of work – a lot more than what our small team can accomplish alone – so we are sincerely thankful for all of our volunteer activists who wake up early to join us for trips, who face harsh weather on direct actions, and who we can always count on to be there when we need them to help us fight for Disability Rights!



Adam Prizio at an action holding up the disability flag

### **Advocacy Stats:**

Local, State & National direct protests: 9 Media hits regarding advocacy activities: 56 Advocacy communications to public officials using e-advocacy: 8,652 Articles published in independent publications, CDR Blogs and Newsletter: 95 Testifying at public hearings and forums: 10

# PAGE 08 Personal Assistance Services

CDR's Consumer Directed Personal Assistance Services (CDPAS) provides an alternative to standardized home health care by allowing individuals who need assistance with in-home personal care, choice and control by managing their own attendant services. CDPAS staff trains individuals or their Designated Representatives (DR) to be the Supervisor of their program. Once trained, the Supervisors are responsible for recruiting, screening, hiring, scheduling, training and managing their chosen attendants.

CDR provides Fiscal Intermediary (FI) services to individuals using CDPAS services. Responsibilities of an FI include, maintaining the personnel and payroll records of the attendants and assuring their prompt payment, and managing Medicaid billing for services provided. CDR is also responsible for complying with all worker's compensation, disability and unemployment insurance requirements. Additionally, CDR provides each Supervisor with a Supervisor Support Specialists to provide 1:1 support to CDPAS Supervisors, while enrolled in the CDPAS program. CDR offers these services in several counties throughout the Rochester, Finger Lakes and Southern Tier regions.

Throughout this past year CDR expanded into the Capitol District and contracted with two Managed Long Term Care (MLTC) programs covering five counties: Rensselaer, Albany, Saratoga, Schoharie and Fulton. Overall CDR continued a year of growth in the CDPAS program. Although we do contract with several counties throughout New York, individuals can also access CDPAS through Medicaid Managed Care options including MLTC plans. The addition of these funding resources has enabled more individuals to access CDPAS.

In 2015, we continued to enroll individuals through the Expanded In-Home Services for the

Elderly Program (EISEP). This program offers in-home services to seniors who do not receive Medicaid, but require personal care and/or housekeeping services to remain independent in the community. As anticipated, this program has expanded our programming to qualifying individuals through the Office of Aging and has allowed us to diversify our funding stream.

In 2016 we are anticipating additional growth in the Capital Region and Wester New York. Increased participation in managed care programs, as well as contracting with new counties continues to require modifications to our billing processes. In an effort to continue streamlining our billing and timely responses to billing issues, increased communication and collaborative efforts between CDPAS and billing has allowed CDR's CDPAS program to recover and retain increased revenue from services provided.

County	2014 - 2015
Albany	1
Alleghany	1
Chemung	3
Genesee	3
Livingston	7
Ontario	33
Monroe	25
Orleans	1
Schuyler	4
Seneca	2
Steuben	20
Wayne	26
Wyoming	4
Yates (including EISEP)	9

## PAGE 09

## Waiver Services

CDR is an authorized service provider for the Nursing Home Transition and Diversion (NHTD), Traumatic Brain Injury (TBI), and the Office for People with Developmental Disabilities (OPWDD) Medicaid waiver Programs. Services available through these waivers are designed to provide individualized services to individuals as an alternative to nursing facility placement. Detailed plans are developed to support community living based on an individual's specific wants and needs.

CDR provides Service Coordination in the Rochester, Geneva, and Corning areas. In 2015, CDR welcomed 37 new individuals to our agency for Service Coordination. At the end of 2015, CDR was providing Service Coordination to 80 NHTD participants, 24 TBI participants, and 51 OPWDD participants, for a total of 155 participants.

In addition to Service Coordination, CDR continued to provide other various waiver services including: Independent Living Skills Training (ILST), Recreation and Structured Day Programs, Community Integration Counseling (CIC), Community Habilitation and Individualized Day Habilitation. These services promote person-driven community integration, skill building, and socialization. Each tailored to meet the needs of the individual. At the end of 2015, CDR provided supports to 23 new participants and a total of 61 individuals in our community programs.

CDR's Deaf services are also utilized by waiver participants. CDR employs Deaf staff to provide Service Coordination and Community Habilitation to Deaf individuals in order to achieve the best possible service delivery. Additionally, CDR provides specialized staffing in the form of Deaf Communication Specialists (DCS), to an individual living in a group home. DCS staff work with this individual 24/7 by providing residential and community support, peer counseling, and communication translation.

Growth and new funding continued in the Support Service Provider (SSP) program for the Deaf Blind community. SSP is a unique service that supports Deaf Blind individuals in the community by maximizing their use of community resources and avoiding the risk of isolation. SSPs are specially trained professionals that enable individuals who have combined vision and hearing loss to access their environments and make informed decisions. SSPs are trained to provide visual and environmental information, peer counseling, access to communication, and physical support through hands on guidance as sighted guides. CDR provided up to 20 hours per month of SSP services to 18 Deaf Blind individuals in Monroe County. CDR is currently the only provider of the support in New York State.

Funds to sustain our SSP program through 2015 were obtained from a grant through the Daisy Marquis Jones Foundation and fee for service agreements with the Helen Keller National Center and Adult Career and Continuing Education Support (ACCES-VR).



Manager of Deaf Services working with a Deaf Blind individual

# **Recreation Services**

2014-2015 was a year of growth for the Recreation Center and Structured Day program. Recreation offers a wide variety of programs and activities for individuals to participate in. New programs this year included gardening, arts and crafts, and learning technology. CDR's Drop-in Recreation program is an integrated program available to individuals in the community with and without disabilities. This year our Drop-in Recreation program grew by 66 percent, exceeding our annual goal of 20 percent.

In addition to our Drop-in program, CDR offers a Structured Day Program through the Nursing Home Transition and Diversion, and Traumatic Brain Injury Medicaid Waiver programs as well as Social Adult Day programming funded by Managed Long Term Care providers.

Our newest program site opened in Canandaigua in December 2015. CDR held a grand opening attended by the Canandaigua Chamber of Commerce who held a ribbon cutting ceremony. The location was customized and designed with accessibility as the top priority to fill a growing need for adult day services in Ontario County. It even has a beautiful view of Canandaigua Lake! The program includes a range of activities such as cooking, games, exercise, crafts, volunteering and community outings.



Staff posing outside the new office during the ribbon cutting ceremony

In Spring 2015 CDR collaborated with the City of Rochester, Edgerton Community Center, and City of Rochester Horticulturist to plant a Butterfly Beltway Garden at the Edgerton Community Center. This beautiful garden was donated to the Rec Center by the Seneca Park Zoo and funded by the Daisy Marquis Jones Foundation. Youth from the City Community Center and participants from the Rec Center helped plant the butterfly garden. CDR Recreation and Community Habilitation participants held a butterfly release and helped to maintain the garden through Summer.

The past year Recreation continued with existing activities that participants have grown to love! We continued to hold daily fitness classes, attend Redwing's games, hold picnics and went on community outings. We participated in the Pride Parade in Summer of 2015, and took our annual trip to the Rotary Sunshine Camp in September. Rec participants, staff and volunteers were able to explore the camp's accessible tree house and multi-sensory room, as well as hike, fish, paddle boat and so much more!

Our Recreation participants continued to support the efforts of ADAPT by attending numerous local and national actions. In Spring 2015, several participants traveled with CDR to DC to participate in the Fun\*Run, and a week of actions to fight for disability rights.

Recreation held CDR's annual Thanksgiving Dinner in November in partnership with the City, followed by our annual Holiday Party in December; both held at the Edgerton Recreation Center.

The Rec program takes pride in offering a wide variety of programs with a large emphasis on consumer choice! We look forward to expanding our programs and always welcome new faces to the center!

# 11 Development

CDR's development and fundraising efforts were a huge success in 2014 and 2015. Halloween and Roc the Day were yet again an exciting way to round out 2014! CDR held our annual "Accessible Trick-or-Treat" Halloween event In October 2014, followed by our end-of-year giving campaign through United Way's Roc the Day event in December 2014. Our Halloween event brought in close to 400 children with and without disabilities to enjoy a safe and fun accessible Halloween. ROC the Day brought in \$1,023.00. What a great way to end 2014, Development was excited to see what 2015 would bring!

In the spring, CDR joined with National ADAPT to fundraise and participate in the ADAPT Fun\*Run. The event took place in Washington DC, in April 2015 as a kickoff to the week-long action. Proceeds from these fundraising efforts helped support CDR's advocacy efforts by sending staff, consumers and supporters to CD to participate and fight for our rights!

Locally, CDR held an event at Ontario Beach Park to support the Fun\*Run in DC. Roughly 40 staff, consumers and community members joined together while the National Fun\*Run event was going on in DC; allowing participants unable to attend the National event the opportunity to still walk, jog, run or roll to support disability rights and ADAPT. Overall, CDR raised approximately \$13,500 to help send people to DC for a week of protests and actions in support of our civil rights.

In July CDR celebrated the 25<sup>th</sup> Anniversary of the Americans with Disabilities Act (ADA) with a variety of ADA related events. CDR hosted 11 events over the course of one month that were free of charge and open to the public. The celebration included an Open House and Cultural Art Exhibit, a Blind Awareness event, a Deaf Awareness event, a three series Film Festival, an accessible softball game, our annual legislative breakfast and ADA picnic celebration, a Nursing Home Memories - Our Point of View poster exhibit, an ADA Legacy Bus Tour, a Slam Poetry event, and an ADA display at the Central Library! This year's celebration was intended to highlight and bring awareness to the diversity and culture of the disability rights movement.



Guests enjoying themselves at the ADA Gala!

To finish out our ADA celebration, CDR hosted our annual ADA Gala fundraiser event on July 23 at Artisanworks. Guests were treated to dinner, dancing, a photo booth, caricature artist, a silent art auction and raffle baskets. The evening was a huge success and all proceeds supported CDR's mission and various programs and services.

Throughout 2014 - 2015 CDR's Development department worked to write and secure grant funding to enhance existing programs as well establish new programs. Grants awarded to CDR in 2014-2015 include funding from New York State Office for People with Developmental Disabilities for Family Support Services, M&T Charitable Foundation in support of the 2014 and 2015 Accessible Halloween Events, Burton S. & Charles J. August Family Foundation for the purchase of safety equipment and the Wilson Foundation in support of our Social Adult Day program in Canandaigua.

## PAGE 12 Finance

The Finance Department produces the annual financial statements for CDR in addition to processing and submitting Medicaid, Managed Care Organizations (MCO) and private pay service billing, paying vendor invoices, processing bi-weekly payrolls for over 1,100 employees and providing clerical and receptionist support for the Rochester, Geneva and Corning offices.

**Revenue:** The 2015 revenues were \$24.8 million as compared to \$20.7 million reported in 2014, a 20% increase in revenues between years. A seven year comparison of revenues (see chart) shows that 2015 revenues are 5.3% less than the 2009 revenues of \$26.2 million. This decrease in revenues is directly related to the loss of the Monroe County CDPAS contract that occurred in 2010. In 2009 \$14.0 million of revenues were derived from Monroe County CDPAS contract. When that contract was terminated by county in 2010, new revenue streams needed to be added or expanded which included licensed Home Care agency, All About You Home Care, and also expanding CDPAS services in counties such as Ontario and in the Southern Tier (Schuyler, Chemung and Steuben). A new revenue stream that started in late 2012 made it possible for CDR to once again offer CDPAS Medicaid fee for service program to consumers in Monroe County through the MCO provider contract agreements. During 2015 MCO related revenues totaled \$7.4 million. In 2016 MCO revenues will continue to increase as the County CDPAS program is gradually phased out to be replaced by the MCO program.

**Expenses:** CDR continued to maintain a lean administrative structure, with management and general expense accounting for just 10% of revenues during 2015 which is below the benchmark for non-profits. This means that 90% of the expenses incurred by CDR were for program services that benefit consumers.

**Net Assets:** Net assets include the equity in CDR's buildings and are used for current and future operations. Net assets were \$5.7 million at the end of 2015 which is \$1.8 million more than 2014. A comparison of the net asset balances for the past seven years (see chart) shows that 2015 is 33% higher than the 2009 base year net assets of \$4.3 million. It should be noted that this \$1.4 million increase in net assets is primarily a result of the CDPAS and Pooled Trust programs having very profitable results in 2014 and 2015. Other programs that also contributed to this recent increase in net assets balance include All About You Home Care and Direct Programs.





### **Pooled Trust - Community** PAGE **Supplemental Needs Trust** 13

The Pooled Trust is a legal entity that allows an individual the ability to shelter their monthly excess from Medicaid. This ability increases the member's ability to remain living in the community by allowing them to keep all of the income and resources they earned instead of the alternative of dropping their income to below the poverty line. In 2014-2015 Pooled Trust members sheltered just over \$43.94 million dollars and by using the Trust they saved the state of New York \$97.32 Million for a net savings of \$53.38 Million.

Program	Savir	Savings by Program	
Medicaid	\$	73,055,828.00	
Section 8	\$	15,908,170.00	
Неар	\$	1,826,390.00	
SNAP	\$	6,537,967.00	
Total Savings	\$	97,328,355.00	

The Pooled Trust grew from 2,164 members in the beginning of the year to 5,728 active members by the end of the year.

2015 was by far the year with the largest active membership growth since the trust was started with a growth of 2,240 new members. The Trust continues to have members in all 62 counties in New York State.

The Pooled Trust was able to grow by 2,240 members by increasing the number of new members it was adding to the Trust by increasing its referral streams. By focusing on new areas of referrals we were able to increase the number of new members added to the Trust from 1,359 in 2014 to 2,240 in 2015.

The new referral sources that the Pooled Trust Team pursued was from elder law attorneys, community service organizations, and Managed Long Term Care Insurance Companies. The Growth in members resulted in the Pooled Trust adding 10 new staff positions to the program for a total of 21 staff members working to provide this critical service to over 5,780 disabled individuals across New York State.









The pooled Trust Advocate successfully began working with individual counties to change how they verify member's deposits into their Trust. The Majority of New York State Counties use a monthly verification system that limits their access to use Medicaid until they receive their monthly deposit. For many of the members of the Trust they don't receive their income until the 15<sup>th</sup> of the month effectively limiting their access for the entire month. The Pooled Trust advocate has been aggressively working with counties to move them to an annual verification system which would significantly increase member's access to Medicaid. Throughout the reporting period the Pooled Trust Advocate has increased the number of counties who use annual verification from 26 counties to 55 counties. This effort will continue into the coming year.

## PAGE Independent Living 14 Services

CDR's Independent Living services continue to grow and strengthen. In 2015, both the number of service hours and the number of individuals served increased from the previous year. In 2015, 362 individuals received Independent Living services including, Information and Referral, Independent Living Skills Training, Peer Counseling, Individual and Systems Advocacy, and Nursing Home Transition and Diversion. CDR demonstrated a 16% increase from the previous year. In 2015, IL Specialists delivered a total of 2561.10 service hours, a 13% increase.

A core function of CDR's Independent Living services includes Money Follows the Person, now called Open Doors Transition Center (ODTC). In 2015, the ODTC assisted 29 residents to transition out of a institution and enroll in ODTC which means they transitioned via a Medicaid Waiver or MLTC plan. In addition, the ODTC team assisted in transitioning 59 other individuals who were not enrolled in ODTC.

Another critical service continues to be provided by our Spanish-speaking Independent Living

Specialist who has been able to increase services to individuals in the Northwest quadrant and Center City in Rochester. In 2015, CDR served 96 Spanish-speaking individuals. In addition to core services, the Spanish-speaking Independent Living Specialist breaks down communication and language barriers that people with disabilities in the Latino community face. The Spanish-speaking Independent Living Specialist helped one Spanish speaking individual in particular who did not know where to find help when her son was not performing well academically due to his ADHD. The Individual stated "Fortunately, I found CDR and was connected with the Spanish Speaking Independent Living Specialist, who helped me to fight for my son's rights. With their assistance I was able to submit all the documentation needed to prove my son's disability. Consequently my son was finally able to receive Supplemental Security Income. I have no words to describe all the gratitude I feel for CDR and the assistance I received." With the critical services provided by the Spanish-speaking Independent Living Specialists CDR is able to increase the number of individuals we serve.

## 25<sup>th</sup> Anniversary of the ADA Highlights

In July 2015, CDR celebrated the 25th Anniversary of the Americans with Disabilities Act (ADA). To Celebrate CDR held an Open House and Cultural Art Exhibit at CDR's Rochester office, a Blind Awareness event with a performance from The Blind Comedian, a Deaf Awareness event comparing Deaf rights 25 years ago to now, a three series Film Festival featuring six disability related films, an accessible softball game, our annual legislative breakfast and ADA picnic celebration, a Nursing Home Memories - Our Point of View poster exhibit featuring pictures taken from people living inside nursing homes, an ADA Legacy Bus Tour where the bus made a stop right here in Rochester, a Slam Poetry event put on by the Regional Center for Independent Living's YO! - Youth Own - youth leadership group, and an ADA display at the Central Library for the months of June and July!



Spike from the Rochester Red Wings participating in the wheelchair races during the ADA Legacy Bus Tour!

# PAGEAll About You15Home Care, Inc.

All About You Home Care (AAYHC) is a Licensed Home Care Services Agency (LHCSA), and a subsidiary of CDR. AAYHC provides two types of personal care aide services, Home and Community Support Services through the Nursing Home Transition and Diversion (NHTD) and Traumatic Brain Injury (TBI) Medicaid Waivers; and Personal Care Aide (PCA) service through Medicaid Managed Care or Managed Long Term Care. All aides providing care are PCA certified through a New York State Department of Health approved curriculum. AAY is the only disability-led LHCSA in upstate New York, and was developed with CDR's mission of full integration, independence and civil rights for people with all types of disabilities. Assuring choice, satisfaction, and safety to our consumers are our top priorities.

AAYHC serves individuals primarily in Monroe County, with the goal to continue to branch out to surrounding counties. AAYHC welcomed 20 new individuals and discharged 22 in 2015 ending the year serving 48 consumers: 43 in Monroe County, 1 in Wayne County, 2 in Ontario County, and 2 in Seneca County.

The agency experienced some changes in key leadership roles in the beginning of 2015. Despite these changes, the plan to expand into Ontario County began to take shape. With the opening of CDR's Social Adult Day program in Canandaigua in December 2015, AAY negotiated utilizing the new program site to conduct PCA trainings for Ontario County. This site provides ample training space and the required equipment for AAY to be able to provide the necessary training in order to provide services in the surrounding areas. AAY scheduled the first training at the new site in January 2016. Since a training site has now been identified, with proper recruitment, AAY plans to conduct three trainings in Canandaigua in 2016 to facilitate growth in Ontario and surrounding Counties.

AAY's revenues remained stable in 2015 providing over 140,000 hours of service to individuals and achieving revenues exceeding \$2.8 million. In 2016 AAYHC intends to continue growth in Monroe and surrounding counties by focusing on recruitment and retention of attendants, engaging consumers, building relationships with other provider agencies, and seeking contract opportunities with additional Managed Care Organizations.



A Personal Care Aide practicing during a training

### In 2015, All About You Home Care:

- Provided over 125,514 hours of personal care services to 68 consumers
- Achieved over \$2,908,411 in revenue
- Held 6 Personal Care Aide (PCA) classes; training over 70 PCA's
- Hired 58 aides for PCA level of care





**Center for Disability Rights, Inc.** 

497 State Street Rochester, New York 14608

Phone: (585) 546-7510 Fax: (585) 546-5643 Non-Profit Organization U.S. Postage PAID Permit No. 1231 Rochester, NY



This report reflects the Center for Disability Rights from September 1, 2014 to December 31, 2015